

PRODUCE

ORGANIC YAMS & SWEET POTATOES



1.98
LB.

ORGANIC RED & GREEN CABBAGE



1.37
LB.



1.98
LB.

CERTIFIED ORGANIC



Ashland Shop-N-Kart Produce
ORGANIC 1 LB. STRAWBERRIES

4.49
CONTAINER

CERTIFIED ORGANIC



Organic
COSMIC CRISP APPLES

1.49
LB.

CERTIFIED ORGANIC

WASHINGTON ASPARAGUS



2.98
LB.

ORGANIC ZUCCHINI & YELLOW SQUASH



1.49
LB.

CERTIFIED ORGANIC

ARTICHOKES



2.98
EA.

Organic 1 Lb. Bag
MINI SWEET PEPPERS

4.98
BAG

CERTIFIED ORGANIC



BROCCOLI CROWNS

1.69
LB.



2 LB. BAG MANDARINS

3.79
BAG

Organic
YELLOW ONIONS

1.27
LB.

CERTIFIED ORGANIC



ASHLAND SHOP'N KART®
2268 ASHLAND STREET
OPEN 7 A.M. 'TIL MIDNIGHT

STOCKING OVER
90 FRESH ORGANIC
PRODUCE ITEMS!

ASHLAND'S OWN Shop'n Kart

Help Conserve Paper & View Our Ad online! www.ashlandshopnkart.com

Ashland Shop'n Kart® 2268 Ashland Street, Ashland Oregon

Now featuring over 10,000 organic and natural food items at the Guaranteed lowest everyday prices.

PRICES EFFECTIVE 7 FULL DAYS - MAY 8 - MAY 14, 2024

IN OUR GROCERY DEPARTMENT

LUCINI IMPORTED ORGANIC GOURMET PASTA SAUCES

3 Varieties, Tomato Basil, Spicy Tuscan Tomato & Tuscan Tomato 25.5 Oz. Jars



2.98
EA.

IN OUR BULK FOODS DEPARTMENT

BUCKMASTER BULK COFFEE & EQUITAS ORGANIC COFFEE



8.88
LB.

Organic
DARK CHOCOLATE DROPS

11.98
LB.

IN OUR BEVERAGE DEPARTMENT

VALEY VIEW VIOGNIER

750 ml..



6.98
EA.

IN OUR HEALTH & BEAUTY DEPARTMENT



HEALTH PLUS
PSYLLIUM HUSK
24 OZ.

25.58
EA

IRWIN NATURALS
EXTRA STRENGTH
CBD 50 MG. 90 LIQUID
SOFT GELS

67.98
EA

VIBRANT HEALTH JOINT
VIBRANCE 10600 MG.
COLLAGEN POWDER 13.7 OZ.
ORANGE PINEAPPLE

45.98
EA



CELL POWER
1 FT. OZ.

18.98
EA

POSITIVE POWER NUTRITIONAL



CELL POWER
2 FL. OZ.

30.98
EA

SUPER SILICA
4 FL. OZ.

31.48
EA

IN OUR MEAT DEPARTMENT



Double R Ranch Choice Beef
BONELESS CHUCK STEAK

6.99
LB.

"Value Pack"
Double R Ranch Choice Beef
LEAN GROUND BEEF

4.99
LB.

IN OUR GROCERY DEPARTMENT

Franz 26 - 27 oz.

ORGANIC BREAD

Great Seed, Big Horn 100% Whole Wheat & Rogue River Twenty Four

3.88
EA.

McKenzie Buttermilk, Sweet Dark Whole Grain, 100% Whole Wheat & Snake River Potato 24 Oz.

FRANZ PAN BREADS

2.88
EA.

Classic White, Honey Wheat & Poatato Sandwich 22.5 Oz. Loaves

FRANZ NAKED BREAD

2.88
EA.

Franz Hawaiian 26 - 27 Oz.
HOAGIE, HAMBURGER & HOT DOG BUNS

2.88
EA.

IN OUR FROZEN DEPARTMENT

COLUMBIA FROZEN FRUIT

Selected Varieties
40 Oz. Bag



9.99
EA.

IN OUR BEVERAGE DEPARTMENT

GOODLIFE G LOVE'S SPECIAL SAUCE IPA

Freshly Brewed! 6 Pk. 12 Oz. Cans



6.48
+DEP.

ASHLAND SHOP'N KART, LOCALLY OWNED AND OPERATED FOR OVER 36 YEARS

HABA

NOW FOODS "LINE DRIVE SALE"



FROZEN

TOMBSTONE PIZZA

18.5 Oz. Box - 4 Flavors / Pepperoni, Cheese, 4 Meat and Supreme



4.99 EA

Cascadian Organic

EDAMAME BEANS IN PODS . **1.99** EA.

BEVERAGE

Waterloo SPARKLING WATER

12 Pack, All Varieties



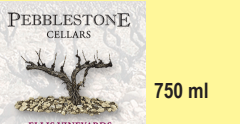
4.28 + DEP.



Waterloo 8 Pack, All Varieties SPARKLING WATER... **2.98** + DEP.

WINE

PEBBLESTONE MELANGE 2016



750 ml

12.98 EA

QUADY NORTH ROSE



750 ml.

11.98 EA

SMITH & PERRY PINOT NOIR

Bright red fruit with floral aromas



750 ml.

5.98 EA

SILT CHARDONNAY

CERTIFIED SUSTAINABLE!



750 ml.

5.98 EA

GROCERY

GOMACRO BARS

2 - 2.3 Oz. Bars, 17 Varieties



1.98 EA.

LUNDBERG ORGANIC RICE CAKES

3 Varieties: Wild Light Salt, Brown Rice & Dinnamon 8.6 - 9.6 Oz. Packages



1.98 EA.

PEET'S COFFEE

All Varieties 10.5 - 12 Oz. Bags



12 Oz. Bags STUMPTOWN BAGS **11.98** EA. **8.49** EA.

GLORY BEE MONTANA WHITE RAW & UNFILTERED HONEY

Large 48 Oz. Jar



16.98 EA.

ENNIO ORGANIC COCONUT OIL

15 Oz. Jars



3.48 EA.

NEAR EAST ENTREES & MIXES

21 Varieties, 4 - 10 Oz. Boxes



1.88 EA.

MEAT

Smart Chicken, NAE

WHOLE FRYERS



2.99 LB.

Double R Ranch Choice Beef "Value Pack"

BONELESS BEEF RIBS



5.99 LB.

Priarie Fresh Natural Pork BONELESS COUNTRY STYLE RIBS



2.99 LB.

Double R Ranch Choice Beef

BONELESS CHUCK ROAST



5.99 LB.